WORKSHOP: SPORTS AND GAMES TO COMBAT OBESITY, PROMOTION OF HEALTH AND WELL-BEING
25th September ore 9-13
Sede da definire

PLENARY SECTION

MODERATORS: P. Gigliotti, A. Biscarini, G. Rinonapoli, C. Mazzeschi

Ore 9:20 Leonella Pasqualini:  
Physical Activity And Sport For Health
Ore 9:40 Carmine Giuseppe Fanelli:  
Sport, Games And Physical Activity To Tackle Obesity
Ore 10:00 Silvia Porzi:  
Traditional Games: Health Benefit And Compensatory Training
Ore 10:20 Luisa Barana  
Nutrition And Food Supplements For Athletes
Ore 10:40 Francesco Coscia:  
The Point Of View Of Sport Medicine
Ore 11:00 Osvaldo Gervasi:  
Digitalization Of Traditional Games

Coffee Break

TESTIMONIALS:
Ore 11:45 Traditional Games And Inclusion: The Lesson Of The Paralympic World  
Melissa Milani Introduces The Paralympic Athletes

DISCUSSION AND QUESTIONNAIRES
Ore 12:30 Discussants: L. Barana, A. Biscarini, F. Coscia, M. Esposito, C. Fanelli, O.  
Gervasi, P. Gigliotti, C. Mazzeschi, L. Pasqualini, S. Porzi, G. Rinonapoli,